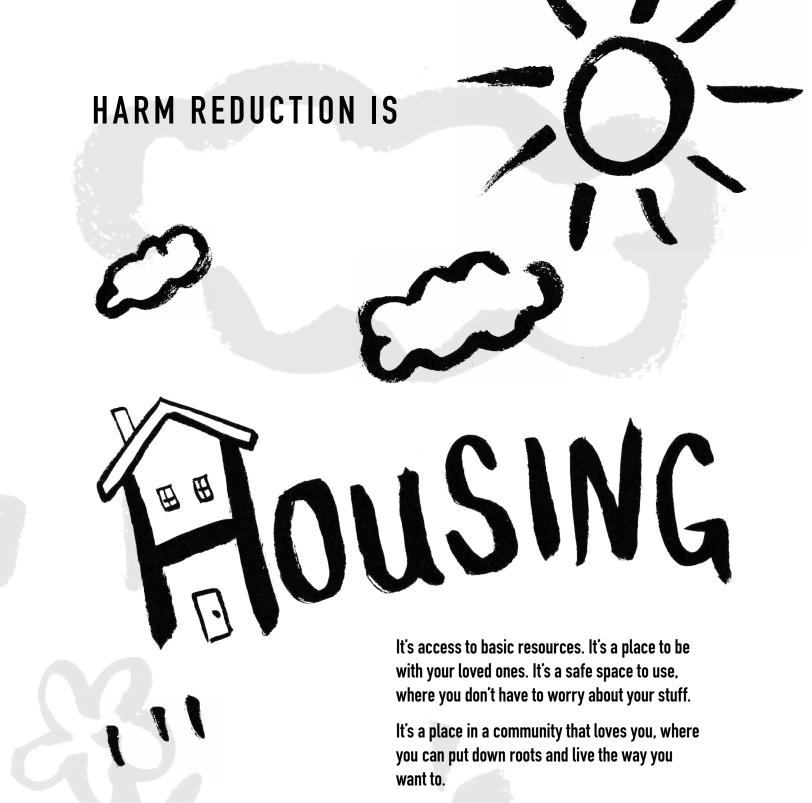




MANITOBA HARM REDUCTION NETWORK

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## HARM REDUCTION IS



It's no one dying of drug poisoning anymore. It's no more grieving parents, children, loved ones. It's supervised consumption sites. It's drug checking. It's HIV and HepC treatment and care. It's PrEP and PEP. It's routine testing.

It's having the tools you need to feel and live well.



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## HARM REDUCTION IS

ou

## the MEDICINE

KNOWING

It's Ceremony. It's connecting to ancestors and traditions. It's knowing your language. It's decolonial. It's being welcomed no matter your state. It's Indigenous led. It's land back.

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It's prayer. It's wisdom. It's dreams. It's bringing people together.



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## HARM REDUCTION IS

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It's knowing everyone needs different help. It's having naloxone. It's using the correct pronouns. It's volunteering. It's organizing. It's keeping families together. It's accessibility. It's having fun with your friends. N

It's loving people who use drugs.



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