

**KEEPING THINGS SAFE FOR PEERS AND LOVED ONES IN OUR COMMUNITY —→ THIS YEAR WE DISTRIBUTED:**

- > 33 NALOXONE KITS
- > 230 NEEDLES/SYRINGES
- > 385 SAFER CRACK KITS
- > 146 BUBBLE PIPES
- > 318 SNORTER KITS
- > 3643 CONDOMS

**THANK YOU TO OUR SUPPORTERS**

PUBLIC HEALTH AGENCY OF CANADA  
NORTHERN HEALTH REGION

**OUR BEST STUFF**

We hosted and attended 11 community outreach events and Peer-led testing events throughout the year. With the Public Health Nurses always in attendance they provided information, Covid and flu vaccines, as well as administered over 170 STBBI tests!

**Attended 5 community events and handed out harm reduction supplies and information with the Public Health Nurses. Including Thompson Pride, Nickel Days, RDPC Sexual Health Expo, UCN Health Fair, Indigenous Days.**



**PEERS IDENTIFIED A NEED:**

We worked with Keewatinohk Inniniw Minoayawin (KIM) to ensure peers involvement and attendance in two speaking engagements with Dr. Barry Lavallee and Dr. Yvette Emerson regarding harm reduction, health care and housing. **Peer feedback was overwhelming and valuable.**

**ANOTHER COOL THING IS:**

We traveled to the MHRN Conference in Winnipeg with a significant member of the SCNN PAC. Upon returning home and armed with all the knowledge and information gathered at the conference they have successfully helped grow the PAC from 2 members to 7!!

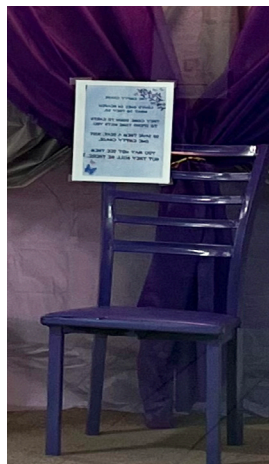
HARM REDUCTION SAVES LIVES

PEOPLE WHO USE DRUGS ARE

**100%**  
WORTHY OF CARE



**MHRN.CA**



**IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES**

We handed out Gatorade and condoms during a hot July day. Distributed condoms at the Nickel Days social, local taverns, and various social events. Donated hygiene packs to City Centre Mall.

# PLAY IT SAFER NETWORK FLIN FLON

AND PEER ADVISORY COUNCIL



REPORT: 2022/23

## KEEPING THINGS SAFE FOR PEERS AND LOVED ONES IN OUR COMMUNITY —→ THIS YEAR WE DISTRIBUTED:

- > 50 NALOXONE KITS
- > 2155 NEEDLES/SYRINGES
- > 48 SAFER CRACK KITS
- > 10 BUBBLE PIPES
- > 50 SNORTER KITS
- > 5275 CONDOMS
- > 40 FENTANYL TEST STRIPS

## THANK YOU TO OUR SUPPORTERS

PUBLIC HEALTH AGENCY OF CANADA  
NORTHERN HEALTH REGION

PLAY IT SAFER NETWORK-FLIN FLON + PEER ADVISORY COUNCIL

# OUR BEST STUFF

6 community outreach events resulting in 33 people receiving STBBI testing and making 190 meaningful connections.

6 Peer-led events resulting in 137 meaningful connections. Information about safe sharps disposal, Hepatitis C treatment, overdose prevention/naloxone training, STBBI's and how to do self checks for breast and testicular cancer was shared.

## PEERS IDENTIFIED A NEED:

The Peer Advisory Council participated in two consultations with community committees and had 5 peers participate in 3 different knowledge exchange sessions.

**THE PEER ADVISORY COUNCIL HOSTED THEIR ANNUAL COMMUNITY CLEAN UP IN THE FALL**

HARM REDUCTION SAVES LIVES



## ANOTHER COOL THING IS:

The PISN in conjunction with the Peer Advisory Council hosted the **second annual Memorial March and Candlelight Vigil** in recognition of International Overdose Awareness Day.

PEOPLE WHO USE DRUGS ARE

# 100%

WORTHY OF CARE



## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

The Peer Advisory Council, in conjunction with the Network, started a sharps disposal subcommittee and are working towards the installation of more sharps disposal containers within the community. By June of 2023 the goal is to have an additional 6 sharps containers installed in areas determined by the PAC.

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**MHRN.CA**

**THE NETWORK PARTICIPATED IN 5 CONDOM BLITZES WHERE INFORMATION AND SAFE SEX SUPPLIES WERE DISTRIBUTED TO POPULAR BARS FOR HOLIDAYS AND SOCIALS.**

# PLAY IT SAFER NETWORK THE PAS/OCN AND PEER ADVISORY COUNCIL



REPORT: 2022/23

## KEEPING THINGS SAFE FOR PEERS AND LOVED ONES IN OUR COMMUNITY —→ THIS YEAR WE DISTRIBUTED:

- > 187 NALOXONE KITS
- > 3630 NEEDLES/SYRINGES
- > 125 SAFER CRACK KITS
- > 56 BUBBLE PIPES
- > 8700 CONDOMS
- > 50 FENTANYL TEST STRIPS

## THANK YOU TO OUR SUPPORTERS

PUBLIC HEALTH AGENCY OF CANADA'S COMMUNITY ACTION FUND  
NORTHERN HEALTH REGION  
SECOND HARVEST

PLAY IT SAFER NETWORK + THE PAS PEER ADVISORY COUNCIL

# OUR BEST STUFF

We participated in 22 Community-based outreach and education events in our area! Wellness fairs, Overdose Prevention and Naloxone Trainings, a Hepatitis Awareness and Testing Event, an HIV and AIDS awareness and Testing Event, and the First Annual Tri-community Pride Festival and Drag Shows just to name a few!



## PEERS IDENTIFIED A NEED:

The Pas Peer Advisory Council hosted 3 peer-led testing events and 3 peer-led treatment and capacity building events, where 68 peers had STBBI testing done, connected with numerous different service providers and built capacity on topics that were important to them!

HARM REDUCTION SAVES LIVES

## ANOTHER COOL THING IS:

We were honoured to have been invited and welcomed into some First Nations communities in our area. In partnership with other organizations, we provided harm reduction education, STBBI education and testing, as well as overdose awareness, and naloxone training. **Through these outreach events we have been able to create new, and strengthen existing relationships which are so incredibly important in the work that we do!**

PEOPLE WHO USE DRUGS ARE

# 100%

WORTHY OF CARE

## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

Peers learned about how to dispose of sharps safely and decided they wanted to put their learning into action and went out and cleaned up numerous sharps as well as garbage in the community during one of our events!



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**KEEPING  
THINGS SAFE  
FOR PEERS  
AND LOVED ONES  
IN OUR  
COMMUNITY  
—→ THIS YEAR  
WE DISTRIBUTED:**

- > 68 NALOXONE KITS
- > 17500 NEEDLES/SYRINGES
- > 505 BUBBLE PIPES

**THANK YOU  
TO OUR  
SUPPORTERS**

PRAIRIE MOUNTAIN HEALTH  
PUBLIC HEALTH AGENCY OF CANADA

# OUR BEST STUFF

We now have access to at home self testing HIV Kits, readily available for peers to self test.

We had 12 peer advisory council members trained in First Aid/CPR.

AND we participated in a satellite supply distribution site research project.

## PEERS IDENTIFIED A NEED:

We hosted a peer run satellite distribution site that supported 197 people who use drugs with low threshold access to supplies and information



PEOPLE WHO USE DRUGS ARE

# 100%

WORTHY OF CARE



HARM REDUCTION SAVES LIVES

## ANOTHER COOL THING IS:

We hosted several capacity Trainings; Naloxone Training, Foot Care & Diabetes Info, Medication Talk and HIV & HEP C Info. Organized 3 Testing Events resulting in 32 people who use drugs being tested for STBBI. **And made significant contact with 70 local peers.**



## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

Community members have been donating clothing items to keep our free clothing closet that is located at the HELP Network Office full to keep those in need warm and clothed.

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**KEEPING  
THINGS SAFE  
FOR PEERS  
AND LOVED ONES  
IN OUR  
COMMUNITY  
—→ THIS YEAR  
WE DISTRIBUTED:**

- > 82 NALOXONE KITS
- > 1298 NEEDLES/SYRINGES
- > 47 SAFER CRACK KITS
- > 70 BUBBLE PIPES
- > 3275 CONDOMS
- > 45 FENTANYL TEST STRIPS

**THANK YOU  
TO OUR  
SUPPORTERS**

PRAIRIE MOUNTAIN HEALTH

# OUR BEST STUFF

We had 8 PAC members and 1 Network Member Trained in CPR First Aid

A total of 82 Naloxone kits were distributed to peers and the community.

We moved into a new location that has shower and kitchen access for peers to use.

We had 4 new Peer/PAC engagements within our PAC

**We Distributed 3,000 Condoms at Country fest and provided training to the first aid tents with Nasal Naloxone for the festival.**

## ANOTHER COOL THING:

We hosted capacity trainings in Naloxone use, HIV & HEP C Info and, First Aid/CPR. We organized 3 STBBI Treatment events engaging over 15 service providers in providing a Harm Reduction Health Fair, with community services including STBBI Testing, Walk-in Clinic, Registered Drug Testing, Naloxone Training, HIV Self Test Kits, Health and Dental Information and housing supports.

HARM REDUCTION SAVES LIVES

## PEERS IDENTIFIED A NEED:

Three peers participated in OPTIMA : Making the case for shared decision making in opioid use disorder care. From 2017-2020, researchers with the Canadian Research Initiative on Substance Misuse (CRISM) launched OPTIMA - a clinical trial aimed at investigating a more flexible model of care than methadone to treat opioid use disorder.

PEOPLE WHO USE DRUGS ARE

**100%**  
WORTHY OF CARE

## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

In order to effectively meet people where they are at our office was relocated to a more accessible and central location. This has opened the door to meet new peers and create new partnerships with the network.



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**KEEPING  
THINGS SAFE  
FOR PEERS  
AND LOVED ONES  
IN OUR  
COMMUNITY  
—→ THIS YEAR  
WE DISTRIBUTED:**

- 267 NALOXONE KITS
- 14480 NEEDLES/SYRINGES
- 368 SAFER CRACK KITS
- 3020 BUBBLE PIPES
- 70 SNORTER KITS
- 840 CONDOMS
- 275 FENTANYL TEST STRIPS

**THANK YOU  
TO OUR  
SUPPORTERS**

PUBLIC HEALTH AGENCY OF CANADA  
PRAIRIE MOUNTAIN HEALTH  
BRANDON UNIVERSITY  
CRISM

# OUR BEST STUFF

Hosted 3 STBBI testing events and 3 STBBI treatment and capacity building events where 126 people received STBBI testing! Hosted an Overdose Awareness Day walk with over 60 attendees.

## ANOTHER COOL THING IS:

131 people were trained in Overdose response/Naloxone training for the first time and 267 naloxone kits distributed total



PEOPLE WHO USE DRUGS ARE

**100%**  
WORTHY OF CARE

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## PEERS IN THE PARK

The Peers in the Park knowledge sharing project was informed by the outcomes of the Harm Reduction Client Survey conducted by the Manitoba Harm Reduction Network in 2021. For 10 weeks "Peers in the Park" sessions were held every Friday at a local park where peers shared education on harm reduction and STBBIs with other peers. Sessions ended with a meal, discussion and supply distribution.

- 48 unique peers that attended and participated
- 94% of participants learned something new at the sessions that will help keep them safe.
- 86% percent of participants found the session they attended very helpful.
- People preferred to get information from peers that they trusted and/or have similar lived experience.



## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

We also participated in a provincial satellite site distribution program to increase harm reduction supply access to peers. Through this program we distributed Injection supplies (6662 needles), smoking supplies (2472 meth pipes, 121 safer crack use kits), safer sex supplies, 78 naloxone kits, sharps containers, food, and hygiene products.

HARM REDUCTION SAVES LIVES

**KEEPING  
THINGS SAFE  
FOR PEERS  
AND LOVED ONES  
IN OUR  
COMMUNITY  
—→ THIS YEAR  
WE DISTRIBUTED:**

- 45 NALOXONE KITS
- 290 NEEDLES/SYRINGES
- 23 SAFER CRACK KITS
- 34 BUBBLE PIPES
- 537 CONDOMS
- 127 FENTANYL TEST STRIPS

**THANK YOU  
TO OUR  
SUPPORTERS**

SOUTHERN HEALTH SANTE SUD  
NINE CIRCLES- MANITOBA COMMUNITY  
EVENT-BASED STBBI TESTING TOOLKIT  
IMPLEMENTATION STUDY

# OUR BEST STUFF

Taco 'bout Testing event in partnership with The Family Resource Centre and Communities building Youth Futures. The event was a free testing and folks were able to connect with local organizations and learn about what they can offer as well as STBBI test, learn about STBBIs and harm reduction.

To increase access for peers and youth in the community, a STBBI testing event was hosted in partnership with Eagles Fire Youth Centre.

## PEERS IDENTIFIED A NEED:

Three peers participated in OPTIMA : Making the case for shared decision making in opioid use disorder care. From 2017-2020, researchers with the Canadian Research Initiative on Substance Misuse (CRISM) launched OPTIMA - a clinical trial aimed at investigating a more flexible model of care than methadone to treat opioid use disorder.

HARM REDUCTION SAVES LIVES

## ANOTHER COOL THING IS:

Partnership with Portage la Prairie Bear Clan Patrol to assist two houseless community members. They were able to shower, receive clothing, socks, a winter coat each, and the PAC 'Welcome bag' that included toiletries, snacks, and first aid items.

### AND ALSO

A condom blitz was organized and executed for St Paddy's day, we distributed to the Diamond Night Club

PEOPLE WHO USE DRUGS ARE

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WORTHY OF CARE

## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

The Bear Necessities program with Portage la Prairie Bear Clan patrol has made it possible for houseless peers to shower, wash their clothes and get a meal. Toiletries, towels, clean clothes and laundry soap is provided.



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**KEEPING  
THINGS SAFE  
FOR PEERS  
AND LOVED ONES  
IN OUR  
COMMUNITY  
—→ THIS YEAR  
WE DISTRIBUTED:**

- > 180 NALOXONE KITS
- > 7900 NEEDLES/SYRINGES
- > 1557 SAFER CRACK KITS
- > 1572 BUBBLE PIPES
- > 341 SNORTER KITS
- > 3386 CONDOMS
- > 40 FENTANYL TEST STRIPS

**THANK YOU  
TO OUR  
SUPPORTERS**

PUBLIC HEALTH AGENCY OF CANADA  
INTERLAKE-EASTERN REGIONAL  
HEALTH

DR. PETER CENTRE COVID-19  
VACCINE MICROGRANT PROGRAM  
(COLLABORATIVELY WITH INTERLAKE  
RESERVES TRIBAL COUNCIL)

HEALTH TOGETHER NOW (MANITOBA  
MENTAL HEALTH, WELLNESS AND  
RECOVERY)

# OUR BEST STUFF

For Pride we had Pride rainbow crosswalks painted semi-permanently in three of our communities with the help of the Peer Advisory Council.

We created personal garden planters for each peer of the Peer Advisory Council members, each came with their favourite vegetables to plant, a teaching on harvesting and utilizing the most of your garden harvest.

## PEERS IDENTIFIED A NEED:

The Northwest Interlake hosted a peer run satellite distribution site based out of Pinaymootang that distributed over 1000 bubble pipes to decrease the injection use of meth. This also allowed for access to clean supplies, which in turn lessens the transmission of STBBI's.

**ALSO** The network received a mental health grant, which was used for a "dignity closet". This gave peers access to toiletries, menstrual products, underwear, socks and other supplies identified.



## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

This year was very special as we had our first STBBI Testing Event, as well as a private COVID Immunization Clinic thanks to our community public health nurse. Along with the Interlake Reserves Tribal Council who are continuously striving to implement harm reduction services where appropriate and continue to be a key factor with MHRN.

HARM REDUCTION SAVES LIVES

## ANOTHER COOL THING IS:

We did a peer-led mental health activity, which consisted of a couple peers presenting a "Do-Me List" to the Peer Advisory Council. This was a great success! All 12 folks filled out a "Do-Me List" along with fruit, snacks and a choice of a mental health activity (crib, dice, cards, etc).



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PEOPLE WHO USE DRUGS ARE

**100%**  
WORTHY OF CARE

**MHRN.CA**



# DO IT BETTER DO IT SAFER NETWORK SELKIRK

AND PEER ADVISORY COUNCIL



REPORT: 2022/23

## KEEPING THINGS SAFE FOR PEERS AND LOVED ONES IN OUR COMMUNITY —→ THIS YEAR WE DISTRIBUTED:

- 280 NALOXONE KITS
- 2670 NEEDLES/SYRINGES
- 376 SAFER CRACK KITS
- 410 BUBBLE PIPES
- 10 SNORTER KITS
- 4580 CONDOMS
- 105 FENTANYL TEST STRIPS

## THANK YOU TO OUR SUPPORTERS

INTERLAKE EASTERN REGIONAL  
HEALTH

PUBLIC HEALTH AGENCY OF CANADA

SELKIRK COMMUNITY RENEWAL  
CORPORATION

HEALTH CANADA - SUBSTANCE USE  
AND ADDICTIONS PROGRAM

DONATIONS: RM OF ST. CLEMENTS,  
SELKIRK UNITED CHURCH, SELKIRK  
FRIENDSHIP CENTRE

DO IT BETTER DO IT SAFER NETWORK + SELKIRK PEER ADVISORY COUNCIL

# OUR BEST STUFF

We helped create Peer Voices, a peer-made video on harm reduction.

We learned about First Nation culture and history through the Turtle Island Project. The Turtle Island Project shared oral stories of First Nations communities from pre-contact, contact, colonization and a path forward.

We officially launched HIV Self Test Kits alongside I AM - Health in the fall of 2022, enabling community members and loved ones to get immediate, high-quality health information in a setting of their choosing.

We hosted First/AID CPR training for 12 peers!

## PEERS IDENTIFIED A NEED:

We've continued to operate Satellite Supply Distribution sites and provide harm reduction supplies in accessible ways, including flexible time, location and without the barriers of walking into a health center.

HARM REDUCTION SAVES LIVES

## ANOTHER COOL THING IS:

We delivered 12 Overdose Prevention and Response Trainings to over 87 participants in Selkirk.

Our February STBBI Treatment event engaged over 20 service providers in providing a Harm Reduction Health Fair.

3 Peers and 11 members participated in the first Harm Reduction 2.0 Training.

JEFF, A MEMBER OF THE PEER ADVISORY COUNCIL, DIBDISN, AND MORE, REPRESENTED SELKIRK ON UPHNS COMMUNITY OF PRACTICE CALL: DRUG USER GROUPS AND DRUG-USER-LED ADVOCACY WEBINAR ON RURAL SUBSTANCE USE.

PEOPLE WHO USE DRUGS ARE

# 100%

WORTHY OF CARE

## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

We distributed 4580 Safer Sex Kits and Condoms through supply runs to local establishments and Sexual Health Awareness Week kits.



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**MHRN.CA**



# POWerview PINE FALLS SAGKEENG NETWORK

AND PEER ADVISORY COUNCIL



REPORT: 2022/23

## KEEPING THINGS SAFE FOR PEERS AND LOVED ONES IN OUR COMMUNITY → THIS YEAR WE DISTRIBUTED:

- > 270 NALOXONE KITS
- > 28560 NEEDLES/SYRINGES
- > 2628 SAFER CRACK KITS
- > 7140 BUBBLE PIPES
- > 7140 CONDOMS
- > 150 FENTANYL TEST STRIPS

## THANK YOU TO OUR SUPPORTERS

INTERLAKE EASTERN REGIONAL  
HEALTH  
PUBLIC HEALTH AGENCY OF CANADA  
HEALTHY TOGETHER NOW  
SUICIDE INTERVENTION GRANT  
MB HIV COLLECTIVE IMPACT NETWORK  
DONATIONS: SAGKEENG SUPERSTORE

POWerview-PINE FALLS/SAGKEENG HARM REDUCTION NETWORK + PEER ADVISORY COUNCIL

# OUR BEST STUFF

Thanks to the support of the MB HIV Collective Impact Network which provided us with \$5000, we were able to host a large-scale community youth STI/STBBI Education/Awareness & Testing event.

**HIV Self Test Kit Distribution Launch! I-AM.HEALTH.COM**

Dignity Closet Grant - provided hygiene products, shampoo, conditioner, body wash, menstrual pads, men/women socks, men/women underwear, emergency \$30 grocery gift cards, and \$12 subway gift cards.

**A Suicide Intervention Grant, is giving technology access to folks during outreach.**

## PEERS IDENTIFIED A NEED:

2 Satellite Site Operators; gave opportunity to engaging in new peers; communication of events and meetings; delivery of overdose prevention/naloxone training.

And 3 other P2P supply distribution sites.

HARM REDUCTION SAVES LIVES

## ANOTHER COOL THING IS:

Sagkeeng Health Centre - Suicide Task Force, 21 peers, network and community members were trained in SAFE Talk training.

Delivering Harm Reduction information to invited events; SCO Youth Gathering; Sagkeeng Health Centre Elder's Conference,

Community Round Dance - NSUAW 2022 - Mikamiing Mino Pimatiziwin Healing Lodge, Sagkeeng Health Centre, and Sagkeeng

PEOPLE WHO USE DRUGS ARE

# 100%

WORTHY OF CARE

## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

IERHA Public Health Outreach Van, readily able to go out and offer supplies, STI/STBBI Testing, and wound care. Relationships between service providers and peers have grown more positively.

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**MHRN.CA**



**KEEPING  
THINGS SAFE  
FOR PEERS  
AND LOVED ONES  
IN OUR  
COMMUNITY  
—→ THIS YEAR  
WE DISTRIBUTED:**

- > 3627 NALOXONE KITS
- > 29000 NEEDLES/SYRINGES
- > 350 SAFER CRACK KITS
- > 13000 BUBBLE PIPES
- > 350 SNORTER KITS
- > 4000 CONDOMS
- > 50 FENTANYL TEST STRIPS

**THANK YOU  
TO OUR  
SUPPORTERS**

WINNIPEG REGIONAL HEALTH  
PRIVATE DONORS  
HEALTH CANADA - SUBSTANCE USE  
AND ADDICTIONS PROGRAM

# OUR BEST STUFF

Responding to the toxic drug crisis, the Winnipeg Harm Reduction Network hosted a pop up Overdose Prevention Site (OPS) at one of the larger encampments - providing safer drug use supplies, naloxone and naloxone training for the community. In addition we put out multiple drug alerts, warning folks of unexpected outcomes from new drugs arriving on the streets. We continue to work with prescribers and the College of Physicians to create innovative pathways that improve the lives of people who use drugs.

## ANOTHER COOL THING IS:

Sent out 'systems change and safe supply' promo holiday cards to over 60 physicians, politicians and stakeholders in Winnipeg. Supported 3 Satellite Site operators, and collaborated on Safersites.ca website that issues drug alerts and information pertaining to Winnipeg's Mobile Overdose Prevention Service (MOPS). Issued 11 Drug Alerts through the Safersites.ca page reaching 159,072 people

HARM REDUCTION SAVES LIVES

## PEERS IDENTIFIED A NEED:

In response to HIV crisis peers held an awareness event, the "Red Ribbon Ball" and developed a series of posters highlighting testing and stigma smashing that were dispersed across Manitoba



## IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

As a direct response to the overdose crisis we held a pop up OPS and 15 community outreach events including a rally at the legislature for World AIDS Day in response to the skyrocketing HIV rates



PEOPLE WHO USE DRUGS ARE  
**100%**  
WORTHY OF CARE

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