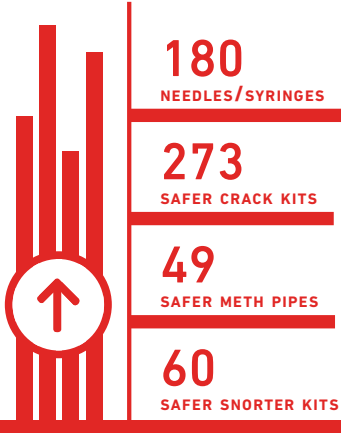


SAFER CHOICES NORTHERN NETWORK

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:



THANK YOU TO OUR SUPPORTERS:

Province of Manitoba Mental Health, Wellness, and Recovery
Northern Regional Health Authority
Public Health Agency of Canada - CAF

CONTACT

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THIS YEAR'S

BEST THING



The PAC developed **Safer Snorter Kits** equipped with a plastic cutting card with emergency numbers and overdose information on it, a safer snorting information booklet and individual snorting straws.



JULY HEAT WAVE

Outreach over 4 days, 180 peers reached, 3 community members participated in delivering community donations to people affected by lack of shelter & resources. Provided Water, fruit, cookies, safer sex kits, harm reduction info, garbage bags

IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

The Peer Advisory Council participated in the Community Clean Up. And donated hygiene kits to the City Centre Mall to hand out with water in the summer months.



WHETHER IT'S A FLING
OR A SERIOUS THING
GET TESTED!

For an appointment call
Thompson Clinic 204-677-1777
Public Health 204-677-5350

WE ALSO:

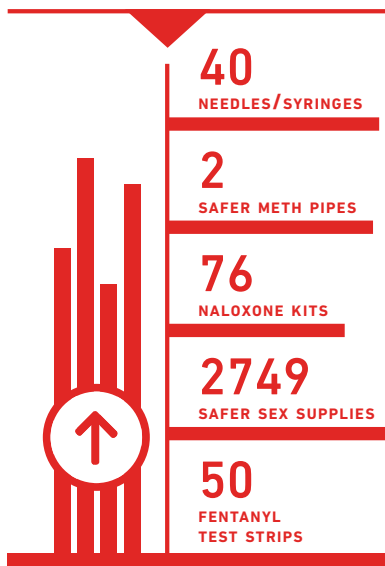
In coordination with the NRHA hosted 9 STBBI testing events resulting in connecting with over 250 participants from the community.



PLAY IT SAFER NETWORK @ FLIN FLON

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:



THANK YOU TO
OUR SUPPORTERS:

Northern Health Region
Public Health Agency
of Canada

CONTACT

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THIS YEAR'S BEST THING



Five PAC members participated in the "impact of COVID-19 on STBBI Related Health Services Among Indigenous Peoples in Canada" research project. The Peer Advisory Council was also consulted in the planning process for the creation of a mental wellness support group specifically for people who are actively using substances.

The Peer Advisory Council was able to host one STBBI testing event where 15 people participated and 3 people received STBBI tests. 50 resources, 97 safe sex supplies, 40 syringes and 4 nasal naloxone kits were distributed at the event.

The Play it Safer Network hosted a STBBI Testing Event at Frontier Collegiate, where 75 highschool aged youth participated and 17 people received STBBI tests. 200 resources and 300 safe sex supplies were distributed at this event.



OVERDOSE TRAININGS

Five Overdose Prevention Trainings hosted with 31 service providers and 6 peers being trained on how to use Nasal Naloxone.

IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

The Peer Advisory Council participated in the communities Spring Clean Up Initiative in May. They cleared several areas within the community of trash that had accumulated over the winter months.



WE ALSO:

Distributed 12 Care packages and information to peers in January due to high rates of the COVID-19 Virus within the community.

PLAY IT SAFER NETWORK @ THE PAS

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:

1760
NEEDLES/SYRINGES

44
SAFER CRACK KITS

54
SAFER METH PIPES

10,700
SAFER SEX SUPPLIES

130
FENTANYL TEST STRIPS

THANK YOU TO OUR SUPPORTERS:

Public Health
Agency of Canada
Northern Health Region
Second Harvest

CONTACT

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THIS
YEAR'S

BEST THING



The network and the peer advisory council worked together to host a International Overdose Awareness Day event. It was held outside in a very visible and high traffic area of town as the peers wanted to use this event to also help address the stigma around folks who use drugs, and we certainly turned some heads and created some buzz in town that day! COVID vaccinations were available, where 12 folks got vaccinated. **We also offered Naloxone training where 25 folks got trained and took 28 Naloxone kits out in the community where they are needed most!**



10 PEERS

from The Pas Peer Advisory Council were trained in First Aid and CPR!

This was so amazing, as this was something the peers had identified as a top priority for them in the list of capacity bridging ideas they came up with.

IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

Peers take care of other peers as well as their community! One way this is shown is by the Hepatitis Awareness Event that peers held for other peers in the community, where they could come and play games, eat some food, get some information and get tested! Another way this is shown is when folks from The Pas Peer Advisory council wanted to do a community clean up and **cleaned up 18 bags of garbage along with some sharps off the streets!**



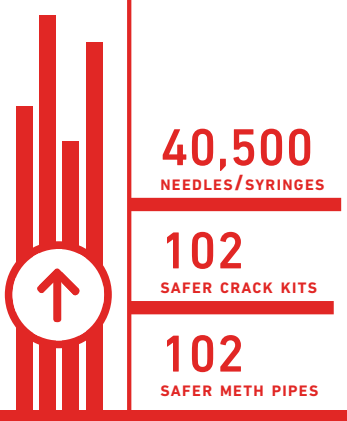
WE ALSO:

- Hosted 11 Peer Advisory Council Meetings & 7 capacity bridging activities with peers
- Hosted 9 Network Meetings and 7 capacity bridging activities with the network
- Hosted 1 Annual Planning Meeting with both Network Members and Peers to plan for the upcoming year and did capacity bridging at this meeting also
- **Hosted a 3-day capacity bridging for the network in partnership with another community based organization**
- Addressed COVID vaccine uptake and barriers to getting vaccinated by going to Oscar's Place Homeless Shelter and talking with folks and answering questions and playing Dr. Marcia Anderson's videos about the importance of getting vaccinated. Went back the following week to support nurses in offering the COVID vaccination and STBBI testing was available.
- Attended a wellness fair at the high school in The Pas where we played trivia games and had safer sex supplies and STBBI testing available for the students.

H.E.L.P NETWORK

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:



THANK YOU TO OUR SUPPORTERS:

Second Harvest Grant
Province of MB - Mental Health and Wellness
PMRHA
Public Health Agency of Canada

CONTACT

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THIS
YEAR'S

BEST THING



We hosted an International Overdose Awareness Day - **12 Peers, 18 Participants were in attendance**, we did a Memorial Tree where peers could write the name and note of a loved one they lost and it is displayed in our office.



AWARENESS DAY

Overdose Awareness Day was a highlight for us, we did Naloxone Training, STBBI testing, Supply distribution with a free lunch. We provided resources, PAC Testing with Outreach nurse, supply distribution, and the Nurse did a syphilis talk.

IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

One of our Network members received a grant which secured us 3 metal sharp containers, which we were able to find 3 locations in Swan River to put up on buildings. Our peers have also been very active in ensuring sharps are picked up and disposed of properly.

We were able to shop and distribute food hampers through a grant we secured with Second Harvest.



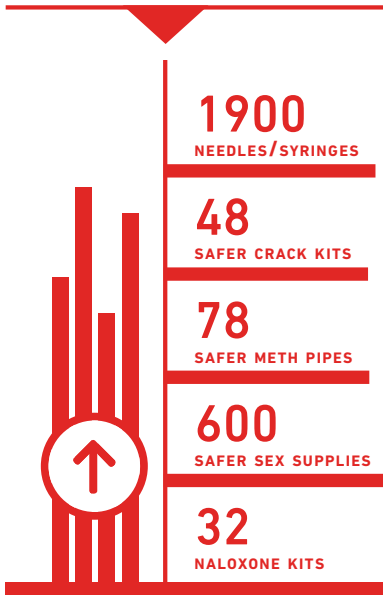
WE ALSO:

- Took part in a Health Fair outside Petro with Primary Health Care, during this fair we distributed healthy food options and hygiene products.
- **We were part of Outreach with Primary Care, we visited homes to do wellness checks and distribute resources** (safer drug use supplies) to Peers in Swan River and surrounding Communities.

DAUPHIN NETWORK

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:



THANK YOU TO
OUR SUPPORTERS:

Second Harvest

CONTACT

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MHRN.CA



THIS YEAR'S

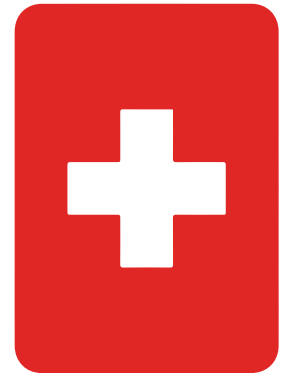
BEST THING



This year we assisted with 13 HR outreach events and held 9 PAC Meetings.

We have a total of 35 peers engaged within our Peer network with 12 active seats at our PAC meetings.

We did 3 Community Needle pick up events and 32 people were trained and received Naloxone.



PEERS PARTICIPATED

The peers participated in 6 capacity bridging activities:

Harm reduction tips while using meth, HIV, HEP C, Syphilis and other STBBI presentation, Safe Sharps disposal and pick up.

IN OUR COMMUNITY,
OUR ACTIONS SPEAK
FOR THEMSELVES

Our Network and Peer Group continues to develop and grow.



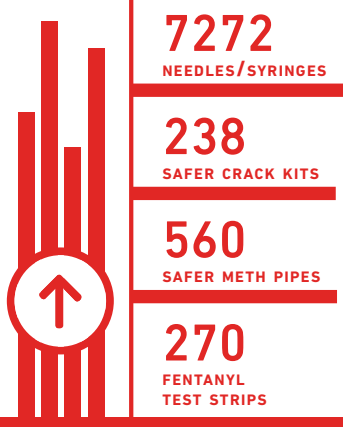
WE ALSO:

Went on outreach with Outreach Nurse and was able to give out gift cards purchased from Second Harvest grant. Outreach nurse also administered the Covid Vaccine.

BRANDON NETWORK

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:



THANK YOU TO OUR SUPPORTERS:

Province of Manitoba Mental Health,
Wellness, and Recovery
Prairie Mountain Regional Health Authority
Second Harvest
Brandon University
CRISM

CONTACT

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THIS
YEAR'S

BEST THING



139 people trained in overdose response/naloxone training
and 281 naloxone kits distributed



BRANDON PEERS

Brandon peers participated in Black Balloon Day in partnership with Brandon and Area Overdose Awareness. Brandon peers participated in Medicine Bag Making with Deborah Tacan.



IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

Additional supplies distributed through peers partnership with SERC to do peer to peer outreach of harm reduction supplies and safer sex supplies. Through this peers distributed 463 outreach kits (hygiene supplies/socks/mitts), 11,830 syringes, 948 bubbles and 822 stems



WE ALSO:

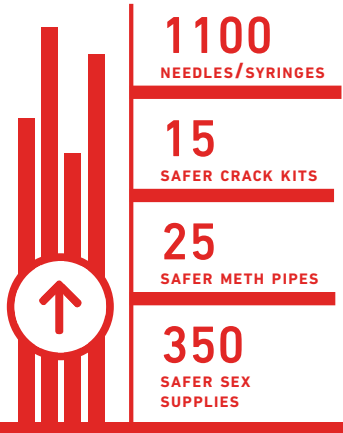
Hosted 4 testing events where 48 people received STBBI testing and hosted an overdose awareness walk **with over 50 attendees**



PORTAGE LA PRAIRIE HARM REDUCTION NETWORK

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:



THANK YOU TO OUR SUPPORTERS:

Province of Manitoba Mental Health,
Wellness, and Recovery
Southern Health Sante Sud

CONTACT

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P: 204-783-6184
MHRN.CA



THIS
YEAR'S

BEST THING



For Overdose Awareness Day, the PAC partnered with the Portage la Prairie Bear Clan. Five peers hosted the event with 23 participants, including peers and community members. There was a memorial wall, food and snacks, overdose and harm reduction information, and overdose prevention and naloxone training. Tobacco ties were given to guests and smudging was available.



POP-UP CLINICS

We partnered with the RHA and Bear Clan to offer 2 pop-up vaccine clinics to peers.

IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

We provided COVID relief isolation packages for peers with positives in household.



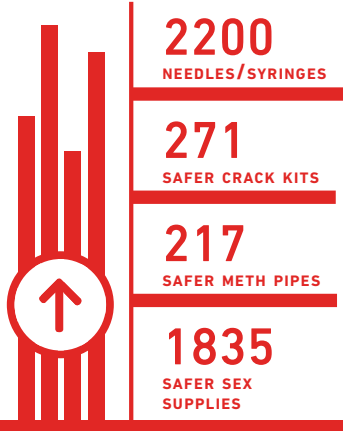
WE ALSO:

Three PAC members participated in the consultation, the "Impact of COVID-19 on STBBI-Related Health Services Among Indigenous Peoples in Canada", conducted by the National Collaborating Centre For Infectious Diseases

NORTHWEST INTERLAKE NETWORK

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:



THANK YOU TO OUR SUPPORTERS:

Public Health Agency of Canada
Interlake Eastern Regional Health Authority
Second Harvest
IERHA Harm Reduction Fund
IERHA Community Wellness Fund

CONTACT

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P: 204-739-4459
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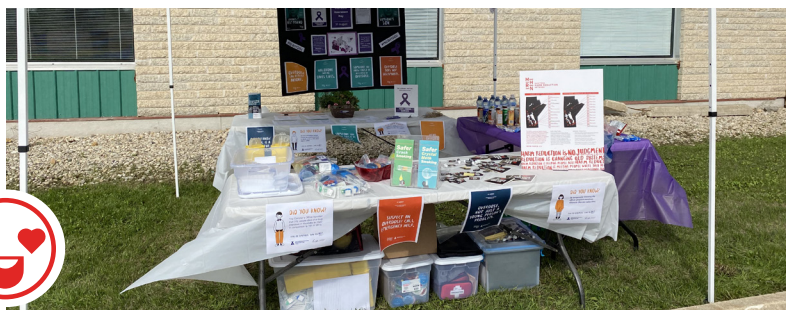
THIS
YEAR'S

BEST THING



Peers were trained in overdose prevention and naloxone administration.

Public Overdose Awareness event was held in Ashern. We had a table with resources, naloxone training, and memorial pins people could take and share in experience



PEERS IDENTIFIED A NEED

Peers identified the need for a space to have unlimited access to harm reduction supplies everyday, at any time. In partnership with the IERHA, we now have a harm reduction cabinet in the lobby of the Ashern hospital ER entrance!



IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

The relationship between the IRTC and MHRN continues to make a large impact on ensuring a harm reduction practice and activities in many communities, organizations and community members. This relationship has led to an increased network membership and participation and an increase of community readiness for harm reduction.

WE ALSO:

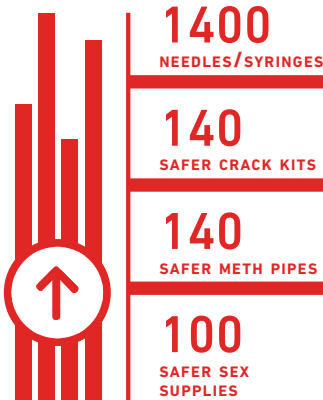
Self-care and self compassion workshop was delivered for 15 peers by the IERHA mental health and addictions worker
Facilitated STBBI basics, transmission and prevention workshop to 15 peers



DO IT BETTER DO IT SAFER NETWORK

2021/22 REPORT

THIS YEAR WE DISTRIBUTED A TOTAL OF:



THANK YOU TO OUR SUPPORTERS:

Province of Manitoba Mental Health, Wellness, and Recovery
 Interlake-Eastern Regional Health Authority
 Public Health Agency of Canada - CAF
 Second Harvest
 Interlake-Eastern Health Foundation
 Generous community donors

CONTACT

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THIS YEAR'S

BEST THING

Selkirk Peers identified and worked with local businesses to offer naloxone distribution. Starting June 2021 naloxone is available 24/7 at the Shell gas station at 318 Manitoba Ave.

We also created the **Business Naloxone Distribution report** so other communities can learn from Selkirk. Special thanks to Jessica Pelletier.



PREVENTION

We trained peers and community members in overdose prevention and distributed 398 injectable naloxone kits, 48 nasal naloxone kits, 406 fentanyl test strips. We also became a community partner of getyourdrugtested.com

IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

PAC member Jessica Pelletier participated in the CDC's Getting to Tomorrow video project and spoke on her personal experiences using substances in rural Manitoba and their engagement in harm reduction. "Community dialogues bringing Canadians together to realize a shared vision for change to address the overdose crisis. Select from the communities in the map below to learn about the issues and people at the heart of this crisis—and solutions to it. #GettingToTomorrow."

Selkirk PAC and Network members created a peer-led working group (DIBDISN Subcommittee: Preventing and Ending Homelessness) to figure out how to best support people experiencing homelessness and houselessness in Selkirk.

Collaborated with other PACs on the 2021 Peer Zine.

WE ALSO:

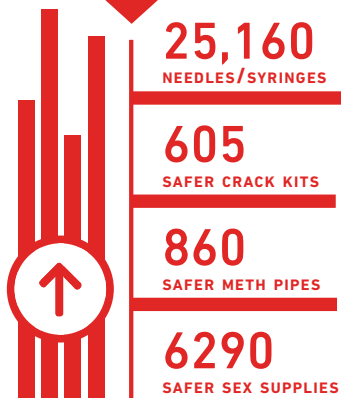
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- We also created the Business Naloxone Distribution report so other communities can learn from Selkirk. Special thanks to Jessica Pelletier for her efforts.



POWerview-PINE FALLS/SAGKEENG

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:



THIS YEAR'S

BEST THING



A \$1500 donation from Survivors Hope Crisis Centre which gave us additional peer programming for First Aid/CPR with peers/community and food security for folks experiencing hardship or homelessness. The joint partnership in the shelter and staff that supported the people who use drugs in our community.



WE ALSO:

Received a IERHA Grant, supporting our folks with lived and living experience in homelessness. Duffle Bags that contained hygiene, winter gear, and PPE.

THANK YOU TO OUR SUPPORTERS:

Province of Manitoba Mental Health, Wellness, and Recovery
Interlake Eastern Regional Health Authority
Public Health Agency of Canada - IERHA HR
Second Harvest Grant
Donations
Interlake Eastern Health Foundation

CONTACT

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MHRN.CA



NEW PARTNERSHIP

We developed a new partnership with Sagkeeng Health Center for International Overdose Awareness Day and hosted a 5 day event. **Incorporating Traditional healing and western medicine.**



IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

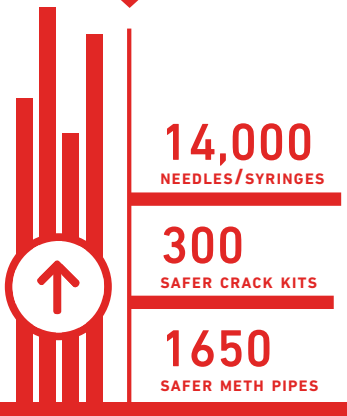
In 2021 we received a \$15,000 grant from Second Harvest that supported food security to Peers, Elders and families. This grant allowed us to provide 100 Grocery gift cards at \$150 each for local grocery stores, over the course of 4 months.



WINNIPEG NETWORK

2021/22 REPORT

THIS YEAR WE
DISTRIBUTED
A TOTAL OF:



THANK YOU TO OUR SUPPORTERS:

WRHA
Public Health Agency of Canada
Private Donors

CONTACT

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MHRN.CA



THIS
YEAR'S

BEST THING



We operated the first pop up OPS over 2 weekends in Aug and Sept providing harm reduction and overdose prevention to **277 people** in **26 hours of operation**



COORDINATED

We coordinated a non jurisdictional approach to provide harm reduction and overdose prevention supplies to fire evacuees coming into Winnipeg, Brandon and Selkirk

IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

Peers and network members presented in the first, national St. John Ambulance online conference: Opioid Poisoning Summit - over 300 people in attendance.

We also held our second annual Harm Reduction Fair on overdose awareness day -13 organizations participated



WE ALSO:

provided 920 naloxone / narkan kits through peer to peer distribution efforts

