HELP NETWORK + SWAN RIVER PEER ADVISORY COUNCIL

THIS YEAR'S

BEST STUFF

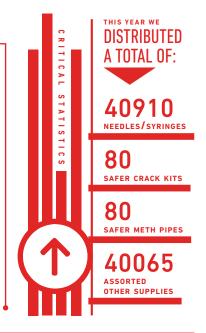
This year we hosted a total of three testing events. 55 people got tested. One of our events showed a 28% positivity rate





Engaged with 75+ people who use drugs through the Peer Advisory Council (PAC) and outreach activities

Supported over 30 peers when their apartment complex fire displaced them



BECAUSE OF OUTREACH



Peers were able to engage with a social worker who has connection to our programs.



IN OUR
COMMUNITY,
OUR ACTIONS
SPEAK FOR
THEMSELVES

10 outreach activities offering safer drug use supplies, STBBI testing, & support Outreach following fire at apartment block where Peers resided. 110 Peer connections made. Hygiene, lunches, clothing and emotional support offered. 50 prepackaged new safe supplies given out.

26 peers received clothing donated by parkland crossing

144 meals given out during July 21- July 31

33 Emergency winter kits were distributed

32 Food hampers given to PAC and community peers

CONTACT

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BIG THANKS TO ALL OUR SUPPORTERS!!

Public Health Agency of Canada

Prairie Mountain Health

Manitoba Health Seniors & Active Living

Funding from Harvest allowed us to provide food hampers to peers

Dauphin Parkland Crossing provided clothing donations for those affected by the apartment fire.

CO-OP donated \$1000 in gift cards to purchase food for those affected by the apartment fire.

Received a grant to secure 3 Needle Disposal Containers



PORTAGE LA PRAIRIE NETWORK

THIS YEAR'S

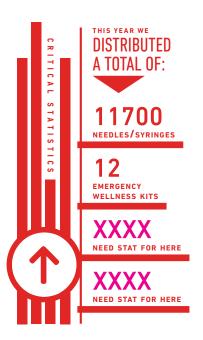
BEST STUFF

Through the ongoing partnership with Portage la Prairie Bear Clan, CMHA and Manitoba Justice, we were able to become a **key provider in addressing food security for peers during the COVID-19 pandemic.**

WE ← ALS0: We've delveloped an ongoing collaboration with Portage la Prairie Bear Clan, CHMA and Manitoba Justice to provide care packages, harm reduction supplies and information to their clients - approx 50 packages provided

let's expand this section. What was included in the packages?





200 CARE PACKAGES

We distributed an average of 4 care packages a week to peers, for a total of 200 care packages, thanks to a partnership with Portage Bear Clan



IN OUR
COMMUNITY,
OUR ACTIONS
SPEAK FOR
THEMSELVES

Portage network coordinator developed collaboration with Coats 4 Kids to provide winter gear to Portage PAC, Bear Clan and No Mucking Around (Sandy Bay FN). 200 coats, 50 kids snow suits, 32 ski pants, and other winter gear for participants

Coordinator and PAC member delivered bulk harm reduction supplies to three homes doing peer to peer distribution

Distributed harm reduction supplies and print resources to 8 peer homes every Wednesday for appprox total of 200 packages: safer snorting, syphilis, safer sex, hep C, community notices, and CATIE print resources

CONTACT

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GRANTS & FUNDE

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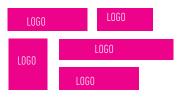
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BIG THANKS TO ALL OUR SUPPORTERS!!

Southern Health Sante Sud

Manitoba Health Seniors & Active Living

Portage Community Revitalization Corporation, Indigenous Community Support Fund - \$2000 for food security Received \$2000 from the Indigenous Community Support Fund which was used to purchase 40 gift cards worth \$50 each to distribute throughout the 2021 year



BRANDON NETWORK

THIS YEAR'S

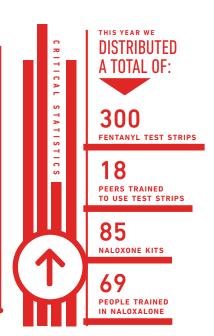
BEST STUFF

The peer group created an end the stigma poster campaign. Peers used this as a way to get their voices heard and bring some awareness to the community. It started out as hand made posters and turned into 2 beautiful posters, one being the peer statement poster.







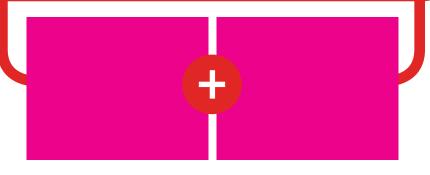


in an overdose awareness photoshoot and purple ribbon hanging event in partnership with Brandon and Area overdose awareness.

IN OUR COMMUNITY, OUR ACTIONS SPEAK FOR THEMSELVES

The peer advisory council partnered with SERC Brandon to do peer to peer outreach of harm reduction supplies, safer sex supplies and other essential items. This is a project that will continue throughout 2021.

we have a bit more room here, if you would like to expand on this.



CONTACT

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BIG THANKS TO ALL OUR SUPPORTERS!!

Prairie Mountain Health

Manitoba Health Seniors & Active Living

CRISM (project funding): community scan on substance use related harm in Brandon and area (2020-2021)



PLAY IT SAFER NETWORK FLIN FLON + PEER ADVISORY COUNCIL

THIS YEAR'S

BEST STUFF

This year we launched the Harm Reduction Locker Program in Flin Flon.

Providing 24/7 access to harm reduction supplies, information and resources.

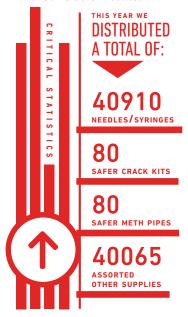


WE +

Our Peer Advisory Council (PAC) hosted 8 meetings this year with 6 capacity bridging activities and 5 workshops. **86% of peers in attendance learned something that will help them stay safe and 100% of peers believe they can use this information in their lives**

Nine peers and nine service providers participated in fentanyl test strips training and have **distributed over 200 strips in the community**

Do you have any distribution stats?



NALOXONE DISTRIBUTION

42 peers and service providers were trained in Overdose Awareness, Nasal and Injectable Naloxone. 81 kits have been distrubuted in the Flin Flon/Cranberry Portage area.

Participated in 9 community events including a peer to peer event for National Testing Day following the Covid-19 guidelines. Had 14 participants attend and 10 were tested

Partnership with the City of Flin Flon to install pole mounted sharps containers in the

The Network facilitated 11 capacity bridging activities throughout the year Participants report that they:

- Support safer drug use (75%)
- Do not impose our own norms and values on others (79%)
- Offer non-judgemental substance use education (72%)

IN OUR
COMMUNITY,
OUR ACTIONS
SPEAK FOR
THEMSELVES



CONTACT

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MH MANITOBA HARM REDUCTION NETWORK

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BIG THANKS TO ALL OUR SUPPORTERS!!

Public Health Agency of Canada Northern Regional Health Authority

Manitoba Health Seniors & Active Living

community. Peers identified the locations for the containers

NORTH-WEST INTERLAKE NETWORK

THIS YEAR'S

BEST STUFF

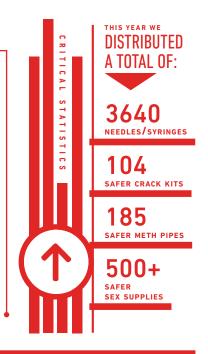
This year we engaged with pharmacies in Eriksdale and Ashern to become Take Home Naloxone Program sites.

hey Elsie Ann, I want to make you a fancy version of that graphic about the sites and how they've expanded, but I don't totally understand waht you are trying to convey. Can you provide a bit more info and context?

WE ← ALSO:

Organized seven capacity bridging activities for Network members:

- Covid-19 Kitchen Table Discussion
- Stop before you call the Cops! poster
- Community Driven Harm Reduction Programs
- HIV & Hep C Determinants among people who use drugs
- What are Naloxone & Subloxone STBBI Testing & How Covid-19
- Impacted the Delivery of STBBI & related Services
- Syphilis in Manitoba: 2020 Landscape



C H R I S T M A S G A U N T L E T S The Peer Advisory Council pitched in to get the Coordinator a beautiful pair of gauntlets for Christmas. This along with the many messages of thanks shows the appreciation by the Peers to building a safe space for people who use drugs.

^i am not totally sure this is the right thing for us to incldue here. is there another way to talk about this?



IN OUR
COMMUNITY,
OUR ACTIONS
SPEAK FOR
THEMSELVES

The relationship between IRTC and MHRN has been monumental in making sure that everyone in the entire North-West Interlake area has access to Harm Reduction Services. We have supported and collaborated continuously with each other throughout the year. Creating connections to local community members, engaging in meaningful conversation and education with those connections, and creating access to harm reduction supplies for all our communities has been the drive for us this year. Collaboratively coordinating education and training for both peers and community members has also been the outcome of this relationship and I can't wait to do more.

CONTACT

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GRANTS & FUND

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BIG THANKS TO ALL OUR SUPPORTERS!!

Public Health Agency of Canada

Interlake Eastern Regional Health Authority

Manitoba Health Seniors & Active Living

Second Harvest provided frozen food products for hampers for peers

IERHA Foundation & IERHA Community Wellness Program helped with new winter jackets and winter boots for peers



PLAY IT SAFER NETWORK THE PAS/OCN

THIS YEAR'S

BEST STUFF

This year we started a Peer Advisory Council - during COVID!
We always found a way to meet folks where they are at during

restrictions. We have a wonderful group of peers who we are so

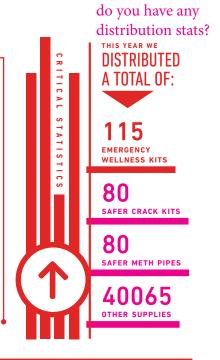
honoured to work with.

WE + ALSO:

Need some kind of headline to link all these things together:

- engaging with peers
- meeting folks where they are at in an open and non-judgmental way.
- Offering STBBI testing at meetings
- providing education on multiple topics
- Building trust with peers
- reducing barriers

We are also feeling a big <3 for all the STBBI & Harm Reduction nurses on our network, big thanks to you all!



DRUG TESTING PROJECT

How to Test Your Drugs video and hands on training with 7 peers. Distributed 75 test strips to peers. Training and test strips were also provided to network organizations and the RHA.

IN OUR
COMMUNITY,
OUR ACTIONS
SPEAK FOR
THEMSELVES





We hosted an Overdose Awareness Day event, August 31, 2020, and offered information and education on safer drug use. Including, Naloxone education and training and take home naloxone kits

Engage peers interested in developing a Peer Advisory Council can this be rewritt

Peer Advisory Council can this be rewritten into a paragraph?

CONTACT

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BIG THANKS TO ALL OUR SUPPORTERS!!

Northern Regional Health Authority

Manitoba Health Seniors & Active Living

Beatrice Wilson Health Centre (Opaskwayak Health Authority), Hope North – The Pas and Area, and Northern Manitoba Trappers Festival for contributing to the Emergency kits for our peers.



SAFER CHOICES NORTHERN NETWORK

THIS YEAR'S

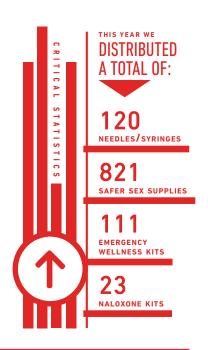
BEST STUFF

The PAC and Network partnered with Winnipeg Regional Health Authority to relaunch the Animal Instincts Campaign with new sexual health and safer drug use messaging. **The images were launched in Winnipeg and included billboards as well as a website**. An 8th poster, COVID-19 Poster, was developed to address access to services during the pandemic.









SOMETHING
LEARNED TODAY WAS:

"...different forms of consent and communication"

"...how STI and HIV transmission works and how to protect myself"

"...it's not wrong to say no. It's ok to speak out.

CONTACT

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IN OUR
COMMUNITY,
OUR ACTIONS
SPEAK FOR
THEMSELVES

Organizations were given the SERC Condom distribution address when requesting supplies to access on their own: Covid-19 isolation sites, Youth Build, MYS, Thompson homeless shelter, Futures - I find this section confusing, what are you trying to say? Cold Weather Services Survey & Advocacy: Surveys were completed with peers experiencing homeless in February 2021. Letter sent to City of Thompson Mayor and Councillors advocating for change of Thompson's Cold Weather Policy and for immediate use of the warm-up shacks/emergency shelters as a 24 hrs safe spaces for peers experiencing homelessness

Social Distancing Awareness Campaign: Community Social Distancing badges, posters, info packages distributed throughout the City of Thompson



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SUPPORTERS!!
Public Health Agency of Cana

Public Health Agency of Canada Northern Regional Health Authority

Manitoba Health Seniors & Active Living



WINNIPEG HARM REDUCTION NETWORK + PEER ADVISORY COUNCILS

THIS YEAR'S

BEST STUFF

In response to COVID-19 we created 3 online fentanyl testing (drug checking) videos, participated in Sunshine houses "COVID convos" and distributed 36 emergency kits to peer advisory council members.

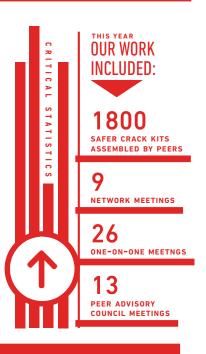


can this be expanded to give a bit more context?

WE +

Hosted an Overdose Awareness Day:

- · Collaborated with community groups, network and peers
- Included memorials, overdose training and naloxone distribution
- 50 Naloxone kits distributed



SATELLITE SUPPLY SITES

This exciting project supported two peer-run supply and harm reduction information distribution sites for 14 weeks.

IN OUR
COMMUNITY, OUR
ACTIONS SPEAK
FOR THEMSELVES

The Winnipeg Peer Working Group participated in a 3 day "Theater of the Living" workshop that explored themes of overdose, grief and resilience while supporting individual processing and healing of the years events.

Worked with West Broadway
Neighborhood Association to secure
tablets and a desktop for peers
to use/ connect with during covid
- these devices enabled peers to
attend online meetings, check and
respond to email and stay connected
to others during covid.

18300 NEEDLES/SYRINGES T H E R E S U L T S 2100 SAFER USE KITS 48 1600 NALOXONE KITS **NEW CONTACTS** 6 OVERDOSES REVERSED 800 RECURRING 1400 CONTACTS PIECES OF

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GRANTS & FUNDERS BIG THANKS TO ALL OUR SUPPORTERS!!

Public Health Agency of Canada, Winnipeg Regional Health Authority

United Way Winnipeg

Manitoba Arts Council

DAUPHIN HARM REDUCTION NETWORK + PEER ADVISORY COUNCIL

THIS YEAR'S

BEST STUFF

This year the Network hosted 6 virtual network meetings and the Dauphin Peer Advisory Council (PAC) had 7 PAC meetings, meeting in small groups or 1 on1 to adjust to covid guidelines.



WE + ALS0:

The Peers participated in 6 capacity bridging activities-

Harm Reduction Tips While Using Meth, Syphilis presentation, Naloxone, HIV, Hep C, Syphilis, and other STBBI presentation, Medicine Bag teaching with Elder, Safe Sharps Pick Up

The Network participated in 3 meetings were capacity bridging activities- **ACES video, Indigenous Harm reduction, Sharps Safety**

Wellness bags were distributed to peers during meetings and community outreach. They contained sage, cedar, sweet grass and tobacco.

MEDICINE +
TEACHINGS

The Dauphin Peer Advisory Council participated in medicine bags and medicine teaching with a Community Elder.



SPEAK FOR THEMSELVES

The Dauphin Harm Reduction Network and the Dauphin Peer Advisory Council combined efforts and organized a Community Sharps Clean-up.

CONTACT

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we have room for an extra section.

Is there anything else that you'd want to mention?



DO IT BETTER DO IT SAFER NETWORK SELKIRK + PEER ADVISORY COUNCIL

THIS YEAR'S

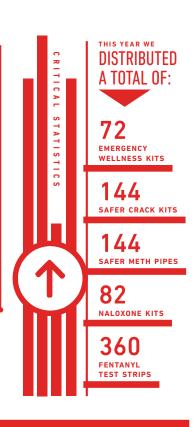
BEST STUFF

Drug checking (fentanyl test strips) haave been expanded to 4 Peer Advisory Councils (PAC) across the province. The Selkirk PAC ran the orginal pilot project in 2019 and was the first PAC to do peer-to-peer drug checking in Manitoba!



Network members participated in 10 capacity bridging activities:

- COVID-19 Kitchen Table Discussion
- DIBDISN Relationships and Accountability Workshop
- Fentanyl Checking
- First Drug Laws in America
- Getyourdrugschecked.com
- Overdose Community Response Planning
- What makes people hesitate addressing anti-racism and white supremacy in their workplace, communities, schools, etc? (1+2)
- Preventing and ending homelessness in Selkirk
- STOP, BEFORE YOU CALL THE COPS!; and We Can't Police Our Way Out of the Pandemic (#1)



P 2 P C O V I D - 1 9 I N F O K I T S

48 COVID-19 information (printed resources) kits and distributed 12 PAC Members. Each PAC Member received their own kit and 3 kits to distribute to their friends, family, relatives, and peers.

IN OUR COMMUNITY,
OUR ACTIONS SPEAK
FOR THEMSELVES

Culture is harm reduction! Peers learned about traditional teachings with Jeannie Red Eagle and Elders and Knowledge Keepers in the community:

- Opening of the Anishinaabe Mashkiki Gitigaan - The People's Medicine Garden
- Selkirk Park Medicine Identification Walk
- 7 Tree Medicine Gathering

CONTACT

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PAC MEMBER JESSICA
PELLETIER WAS ELECTED
TO THE MHRN COUNCIL
AS TREASURER!



GRANTS & FUNDERS BIG THANKS TO ALL OUR SUPPORTERS!!

Public Health Agency of Canada

Interlake Eastern Regional Health Authority

Manitoba Health Seniors & Active Living

IERHA Foundation

POWERVIEW-PINE FALLS/SAGKEENG HARM REDUCTION NETWORK

THIS YEAR'S

BEST STUFF

24 peers received care packages with warm winter gear. The winter gear included a winter jacket, winter boots, a grocery card, hygiene items, mitts, toque, neck warmers and, hand/foot warmers. Thanks in part to, contributions from IERHA, Sagkeeng Health Centre and Sagkeeng Community Members E. Courchene and L. Dorie



distribution stats?

THIS YEAR WE DISTRIBUTED A TOTAL OF:

40910
NEEDLES/SYRINGES

80
SAFER CRACK KITS

80
SAFER METH PIPES

40065
ASSORTED OTHER SUPPLIES

do you have any



Engaged with 18 new(?) Sagkeeng Peers in addition to 38 additional peers who we met while doing outreach

MOBILE TESTING DURING PANDEMIC

We initiated a mobile testing service during the pandemic and hosted Five testing dates, with a total of 48 tests across four communities



IN OUR
COMMUNITY,
OUR ACTIONS
SPEAK FOR
THEMSELVES

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GRANTS FUNDER

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January 26, 2021 with the frigid cold weather this winter local organizations came together and developed a temporary shelter in Sagkeeng First Nation. The shelter operated when the weather would reach -33C with the windchill and also was open 24/7 for a one-and-half week period when weather conditions reached -45C with the windchill. It was utilized by 3-6 individuals per day.

Sagkeeng Health Centre
Powerview-Pine Falls Harm Reduction
Sagkeeng First Nation Chief and Council
Mikamiing Mino
Pimatiziwin Healing Lodge

Father Augustine - Fort Alexander Roman Catholic Church Sagkeeng Safety Officer Sagkeeng Peace Officers Sagkeeng VLT and Gaming Security Sagkeeng Wolf FM Radio Station

CONTACT

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BIG THANKS TO ALL OUR SUPPORTERS!!

Public Health Agency of Canada

Interlake Eastern Regional Health Authority

Manitoba Health Seniors & Active Living

Second Harvest, Interlake Eastern Regional Health Authority, Sagkeeng Health Centre, Sagkeeng Community Members

