

2018 / 2019

ANNUAL REPORT



HARM REDUCTION IS NO JUDGMENT
HARM REDUCTION IS CHANGING OLD SYSTEMS
HARM REDUCTION IS KEEPING PEOPLE ALIVE
HARM REDUCTION IS MEETING PEOPLE WHERE THEY ARE
HARM REDUCTION IS CHECKING PERSONAL BIAS
HARM REDUCTION IS SAFE INJECTION
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The MHRN and all of our sites are located on Indigenous land. Specifically, we are located on Anishinaabe, Ininew, Anish-Ininew, Dene, and Dakota land and are also in the homeland of the Metis Nation. Our central office is in Treaty 1 and we have been invited to work in Treaty 1, 2, 3, 4, and 5 territories. As a non-Indigenous organization we are committed to the principles of decolonization and reconciliation and are committed to integrating the TRC Calls to Action into our work.

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NICE TO

SEE YOU AGAIN!

The Manitoba Harm Reduction Network has been busy! In 2012, the MHRN expanded to include the PISN in Flin Flon, The Pas and surrounding area and to date, we are now working on developing our 10th Regional Harm Reduction Network and 11th Peer Advisory Council in the Province. With this growth, comes a lot of work! We want to thank all of our friends, partners, collaborators, and funders for your support and patience as we build networks, support peers, and make Manitoba a safer place for people who use drugs.

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2018 STATS

HARM REDUCTION WORKSHOPS:

Harm Reduction 2.0:

20 workshops to 918 service providers and community members

Northern, Rural and Remote Workshops: 43

Overdose Trainings: 8

TRC Application and Action Toolkit Facilitation: 5

STBBI Testing Events: 12 (6 peer hosted events)

Community Outreach and Awareness Events: 28

PEER ACTIVITIES

(AT THE TIME THERE WERE ONLY 5 PACS)

31 Peer Advisory Council Meetings

32+ Peer Capacity Building Trainings

184+ Peers on Advisory Councils

32 Peer Researchers

NETWORK ACTIVITIES

(AT THE TIME THERE WERE ONLY 4 NETWORKS)

37 Network Meetings

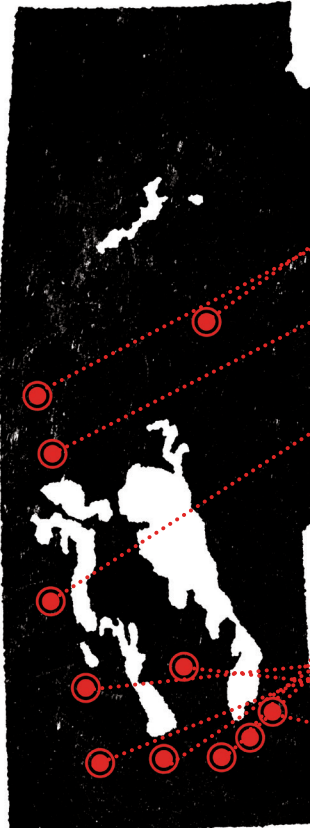
18 Sub Committee Meetings

19 Capacity Building Activities

122 Network Members

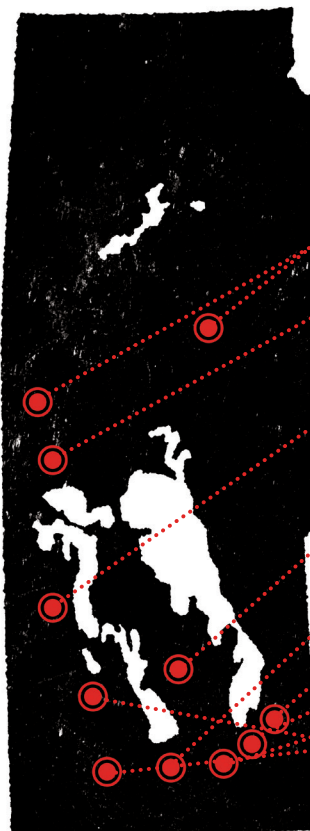
25000+ condoms distributed in rural and remote MB

MHRN SITES IN MANITOBA



- THOMPSON**
SAFER CHOICES NORTHERN NETWORK
E: sharon@mhrn.ca
- FLIN FLOW**
PLAY IT SAFER NETWORK
E: tieryn@mhrn.ca
- THE PAS / OCN**
PLAY IT SAFER NETWORK
in development
- SWAN RIVER**
H.E.L.P NETWORK
E: delores@mhrn.ca
- SELKIRK**
DO IT BETTER, DO IT SAFER NETWORK
E: rune@mhrn.ca
- WINNIPEG**
MANITOBA HARM REDUCTION NETWORK
E: info@mhrn.ca
- PORTAGE**
HARM REDUCTION NETWORK
E: amber@mhrn.ca
- BRANDON**
HARM REDUCTION NETWORK
E: solange@mhrn.ca
- DAUPHIN**
HARM REDUCTION NETWORK
in development
- ERIKSDALE / ASHERN**
HARM REDUCTION NETWORK
E: mikayla@mhrn.ca
- PINE FALLS / SAGKEENG**
HARM REDUCTION NETWORK
E: heather@mhrn.ca

ADVISORY COUNCILS IN MANITOBA



- THOMPSON**
PEER ADVISORY COUNCIL
- FLIN FLOW**
PEER ADVISORY COUNCIL
- THE PAS**
PEER ADVISORY COUNCIL
- SWAN RIVER**
PEER ADVISORY COUNCIL
- ERIKSDALE / ASHERN**
PEER ADVISORY COUNCIL
- PORTAGE**
PEER ADVISORY COUNCIL
- PINE FALLS**
PEER ADVISORY COUNCIL
- SAGKEENG**
PEER ADVISORY COUNCIL
- SELKIRK**
PEER ADVISORY COUNCIL
- WINNIPEG**
PEER WORKING GROUP
- BRANDON**
IN DEVELOPMENT
- DAUPHIN**
IN DEVELOPMENT

ABOUT OUR NETWORK



The MHRN is a provincial network working towards ensuring harm reduction is universally practiced, by individuals, organizations and systems, to address STBBIs and substance use. The mission of the MHRN is to coordinate efforts and support harm reduction within and across jurisdictions. MHRN strives to provide services in a way that is kind and respectful, while reflecting the passion people have for their communities.

OUR STRUCTURE:

We do our work by supporting a network of networks! We have 9 community based networks all over rural, remote, and Northern Manitoba and are working on a 10th network. Each network consists of an MHRN coordinator and up to 30 agencies including local RHA reps, respective Tribal Council reps, non-profit organizations, Peers, and community members. Each site also supports a Peer Advisory Council of people who use drugs who work to take care of their communities and guide the work of the network.

GUIDING PRINCIPLES

- Rather than making judgments about where they should be, the MHRN meets people where they are at.
- MHRN focuses on promoting evidence informed services that respect people's choices.
- Ensuring that people have a voice in the creation of programs and policies designed to serve them, the MHRN is peer informed.
- Recognizing that the realities of social inequality impact STBBI and substance use, the MHRN advocates for social justice and decolonization.

MHRN GOALS AND OBJECTIVES

1. Harm reduction efforts address peer and community identified needs
 - a. Strengthen support for peer-based organizations
 - b. Strengthen meaningful peer engagement within organizations
 - c. Increase opportunities for communities to share information and learn from each other
2. Harm reduction within jurisdictions is strengthened
 - a. Develop, strengthen and support harm reduction networks, using a promising practice model
 - b. Strengthen relationship and increase collaboration and sharing between networks
 - c. Increase utilization of promising practices, including local Indigenous knowledge
3. Capacity for Harm reduction programming is increased
 - a. Increase access to harm reduction education, services and resources
 - b. Increase coordination of public education efforts

MHRN PROGRAMS & PROJECTS

- 10 Harm Reduction & Sexual Health Networks
- Peer Leadership & Engagement Program with 11 Peer Advisory Councils
- Harm Reduction Education & Capacity Building
- Community Based Research Projects

WHAT'S NEXT?

The MHRN just keeps growing!

We're expanding to develop networks in Portage la Prairie, Brandon, and Dauphin, embarking on important projects like drug checking and inhalation supplies, and increasing our workshops delivered and peers engaged every year.

WE'VE MOVED!

Our Winnipeg office has moved to a beautiful new West Broadway home...
545 Broadway R3C 0W3

COMING UP NEXT YEAR:

A sneak peek selection of posters from our upcoming series:



NETWORK HIGHLIGHTS

TRC READING GUIDE

In 2018, the MHRN created a *TRC Application and Action* reading guide to support non-Indigenous organizations in applying the content of the TRC. This guide is intended to challenge organizations to challenge systems, policies, practices that uphold ongoing colonialism. The MHRN used this work to create an organizational TRC Action Plan, to ensure that this work continues to be a priority. You can view both the reading guide and the MHRN Action Plan on our website at www.mhrn.ca

OVERDOSE CRISIS

In 2018 we lost 4,460 people to overdose in Canada, 62 of those were people in Manitoba. A member of the Winnipeg Peer Working Group needed two doses of Naloxone but is still here. Lives lost and lives saved are important reminders of why this work is so important.

SAFER CHOICES NORTHERN NETWORK- SYPHILIS RESPONSE

Safer Choices Northern Network developed a syphilis poster in response



to increasing rates and provincial need. The MHRN adapted the poster and created a kitchen table discussion guide. This campaign was distributed throughout Manitoba. The activities in the guide were completed at all MHRN networks and Peer Advisory Councils and at other community agencies too!

TESTING DAYS

MHRN Peer Advisory Councils hosted peer-to-peer testing days across the province. These events were organized by peers, in safe, comfortable locations they identified, and brought together STBBI testing and other services and information booths as requested by peers. The first MHRN peer-to-peer testing day was organized in Swan River by the HELP Network PAC and other events have been modeled after it. The Swan River event engaged 31 peers, 8 of whom were tested. Other services that were offered included supply and naloxone distribution, pap testing, blood glucose

testing, and information on diabetes, men's, and women's health. A number of new Hepatitis C cases were identified at this event. Our Peer Testing Days have approximately a 30% positivity rate, while our general testing events have approximately a 10% positivity rate.

WINNIPEG PEER WORKING GROUP

The Winnipeg Peer Advisory Council has been dedicated to advocacy! In partnership with the MHRN the group created and released a campaign to draw attention to how recent changes at the millenium library impacted them, and a social media post about how to address discarded needles in the community.

COMMUNITY BASED RESEARCH AT THE MHRN – NOT YOUR GRANDPA'S RESEARCH METHODOLOGY!

The MHRN has been working on a project called 'REMOTE CONTROL: Implementing Community Based HIV/AIDS Research in Rural, Remote, and/ or Northern MB' for the past 2.5 years and is currently in the final year of the project. Peer Research Teams from Flin Flon, MB, Wuskwi Sipiik First Nation, and Selkirk, MB have been exploring the role of Peers and how those most impacted by HIV/AIDS create support and community that motivates them to remain in their community. This project centres the voices of Rural Peers and those most impacted by the war on drugs as the Researchers. These three teams have built their skills around community based research and HIV/AIDS, talking about how to create safety and connection for

those most impacted, and developed and implemented Peer Researcher-directed projects to help build support for those most impacted by HIV, allowing them to remain in and thrive in their communities. This year work has included:

- National Drug Policy Conference presentations
- Local presentations to community organizations and researchers
- A Knowledge Translation gathering for the teams in Swan River
- The development of a poster series on the role of Peers based on the 7 sacred teachings
- A Photovoice display using the photos taken by the Selkirk Peer Research Team



NETWORK CAMPAIGNS

The MHRN organizes yearly provincial campaigns for many notable days including Overdose Awareness Day, National Testing Day, National Substance Use Awareness Week, World AIDS Day, Sexual Health Awareness Day and others! Here are a couple of our faves from 2018:

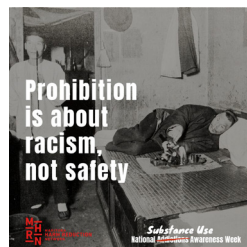
I <3 SOMEONE WHO USES DRUGS



In 2018 we relaunched our 2017 I <3 someone who uses drugs campaign on tshirts, buttons and stickers, this time in black. We've heard from our networks and partners that this campaign, more than anything else we have done, has started conversations, changed hearts and minds, and reduced stigma in communities where talking about substance use is taboo and where people are taught to reject their loved ones who use drugs.

NATIONAL SUBSTANCE USE AWARENESS WEEK

2017 was our first National Substance Use Awareness Week social media campaign. Substance Use Awareness Week is MHRN's reworking of National Addictions Awareness Week, broadening the scope and using less stigmatizing language. In 2017 we did a social media campaign aimed at getting people to think differently about substance use, and followed in the same vein with our 2018 social media campaign. The 2018 campaign performed exceptionally well, reaching over 26,000 people with our most viewed and shared post.



HARM REDUCTION CONFERENCE

The Manitoba Harm Reduction Conference was held February 27 to March 1, 2018, at South Beach Casino and Resort in Brokenhead First Nation. The conference was planned in partnership with Manitoba First Nations AIDS Working Group (MFNAWG), Ka Ni Kanichihk, Interlake Eastern Regional Health Authority (IERHA), and South-East Resource Development Council (SERDC).

The conference was planned with seven objectives in mind.

That conference attendees would enhance their ability to:

1. Identify and connect with our provincial resources, knowledge keepers, and experts
2. Develop partnerships and network with other service providers and community members working throughout Manitoba
3. Engage peer experts and centre peer voices in program development, delivery, and evaluation
4. Use an anti-oppressive lens in delivering services and working with underserved populations

5. Understand the link between colonization and lack of access to services
6. Engage in reducing systemic harms associated with policies and structures in our organizations
7. Develop and support harm reduction programming and strategies in the province

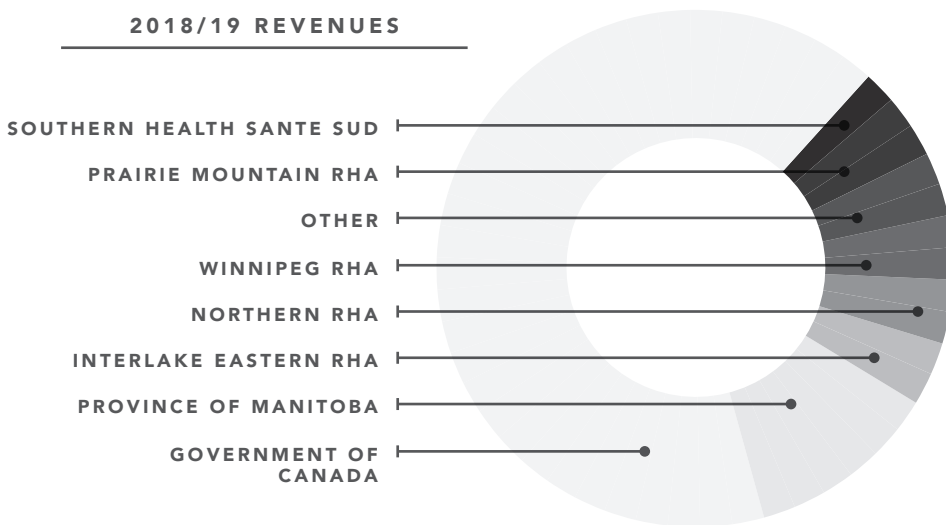
The conference had a total of 33 speakers, plus four additional ceremony people.

Total conference attendance was 234. This number includes 60 MFNAWG representatives and 117 regular attendees. The other 57 attendees were comprised of speakers, MHRN staff, peers, conference committee members, ceremony people, and other volunteers.



FINANCIAL REPORT

2018/19 REVENUES



FUNDERS AND PARTNERS

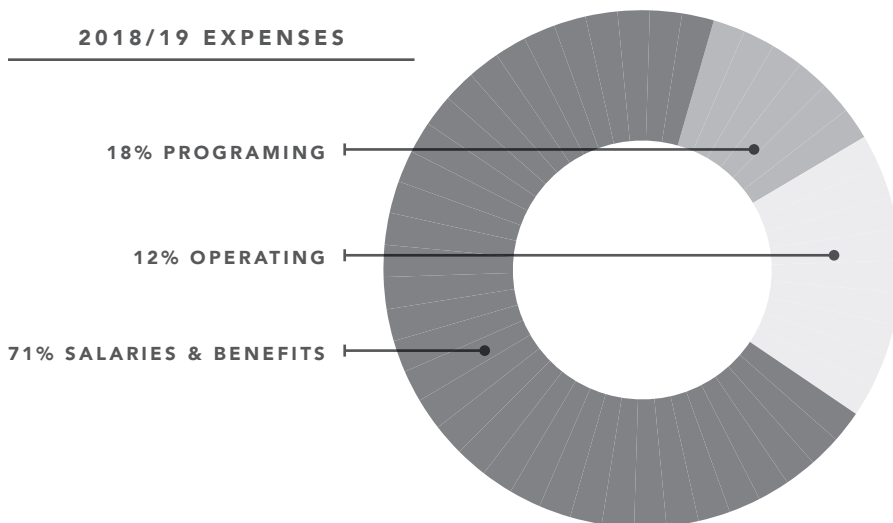
GOVERNMENT OF CANADA

*Public Health
Agency of Canada*

PROVINCE OF MANITOBA

*Healthy Seniors
and Active Living
Healthy Child Office
of Manitoba*

2018/19 EXPENSES



REGIONAL HEALTH AUTHORITIES

*Southern Health
Sante Sud*

*Interlake Eastern
Regional Health
Authority*

*Northern Regional
Health Authority*

Prairie Mountain Health

*Winnipeg Regional
Health Authority*



545 BROADWAY, WINNIPEG MB

PH: 204.783.6184

INFO@MHRN.CA